

Boot Camp

**Introducing: Boot Camp Classes at
Fast Break Basketball Ctr.**

EVERY MONDAY • WEDNESDAY & FRIDAY

8:45 AM

**Take charge of your health.
Get ready for the warmer weather!**



**Lose weight
Tone up / Gain Muscle
Reduce stress
Have fun!**

*Reasonable rates!**

*Want to try the class? *First class discount = \$5.00 with flyer.*

**For more information, contact Laura Pucciarelli at Lapucci24@yahoo.com
or call (718) 948 - 3710 or www.fastbreakhoops.com.**